newvista schwartz

center

Residential Substance Use Treatment

Frequently Asked Questions



What is the Schwartz Center?

The Schwartz Center is a 28-day residential substance use treatment facility (ASAM 3.5 Level of Care).

What is the total number of beds?

24 total: 12 for men, 12 for women

When are intakes done?

Intakes are done during weekday business hours, 9am-5pm.

What are the criteria for admittance to Schwartz Residential Program?

- The intensity of substance use and consequences experienced by the individual determine placement in residential treatment.
- Individuals must meet the ASAM criteria for a 3.5 level of care (any clinician within New Vista can complete ASAM assessment).
- The individual cannot be on the sex offender registry (center is near a park and school).

What kind of programming is offered?

Individuals in residential treatment can expect structured full days made up of individual therapy, group therapy, educational activities, recreational activities, and community support meetings. We will also ensure each individual meets with a medical provider at least once during their stay. Opportunities to work with Employment Specialists are also available.

What happens after?

We begin talking about discharge plans at the very first interaction. We highly encourage "stepping down" into a PHP (Partial Hospitalization Program) or IOP (Intensive Outpatient Program) level of care and will assist in trying to find a sober living option if interested. Lastly, we work to establish follow-up with all aftercare recommendations.

What insurance is accepted?

We accept Medicaid and those with no insurance on a sliding-fee scale. We also have a limited number of spots that can be offered to those with no other means of payment and an Opioid Use Disorder. Unfortunately, we cannot accept private insurance but can connect individuals to resources to assist them in finding a placement.



Do you do "detox"?

We do not do formal "Medical Withdrawal Management" for substances requiring hospitalization for detox purposes (e.g. alcohol, benzodiazepines). We can offer comfort medications and MOUD to those in an opioid withdrawal. When a client presents to the center, they are medically evaluated by our nursing staff to determine if we can meet their detox needs. If not, we will coordinate for them to go to one of the surrounding facilities that does provide this level of care (The Ridge, Good Sam, etc).

Are clients on Medications for Opioid Use Disorder (MOUD) permitted?

Yes, we allow clients to continue whatever MOUD they are prescribed (methadone, suboxone/buprenorphine, vivitrol). If a client is interested in starting MOUD, we can start them on buprenorphine or vivitrol at the center. We coordinate with our Medication Assisted Recovery program for utilization of methadone. We are one of the only residential facilities in which someone can admit and be started on methadone through coordination with our Opioid Treatment Program.

Is this a lockdown facility?

Participation in the Schwartz Center is voluntary. We will work with Drug Court and DOC if appropriate for a client, but we are not a locked facility and cannot hold someone here regardless of a court order.



Can I bring my cell phone?

Cell phones and other electronics are not permitted at the center. If you arrive with one, it will be stowed with your belongings and returned to you upon discharge.

Is there visitation? Can I talk to my loved ones?

There is weekly visitation on Saturdays (men) or Sundays (women). Those visiting the center should be prepared to spend an hour in education about the dynamics of addiction and the family and then they will be granted 1:1 supervised visitation with their loved ones for 30 minutes. Clients also have 2 fifteen-minute phone passes per week. Clients must volunteer the name of their visitors and discuss with their clinician prior to having the visitation and all visitors are expected to abide by the center rules while with us. This includes being searched prior to joining the group.

I am non-binary, what can I expect?

We will make every effort to place you on the unit you feel most comfortable in. If that unit is full, we may ask if you feel comfortable on the unit that has immediate availability. The 2 units are separate for most activities and we draw clear boundaries around cross-unit communication.





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What can I bring with me?

You will be allowed to have five outfits, undergarments, and pajamas to take to the unit. While you are here you will share a room. You are encouraged to leave all valuables at home. This includes cell phones, gaming devices, iPads, etc.

Can I bring food?

Outside food and drinks are not permitted at the center. We offer 3 meals a day and snacks. Additionally, we have vending machines on the unit you are permitted to utilize if you have the funding to do so. Food accommodations can be made for those that require special dietary considerations.

Can my partner and I be treated together?

Each individual's presentation is different and we focus on personal recovery first. Partners receiving treatment are not permitted to be in the same program, however they can request a couple's session be facilitated by either partner's primary therapist and, if deemed clinically appropriate, we will accommodate that request.

Can my family drop off items for me?

Family is permitted to drop off items to you that are allowable at the center (e.g. cash or cigarettes). All items delivered will be subject to search prior to allowing the client to receive it.

Can I go to a place of worship while I am there?

We make every effort to accommodate spiritual requests. Transportation to a service is dependent on staffing. If you cannot be transported to a service, staff will assist in finding virtual mediums for you to attend.

How long will I be there?

Schwartz is generally a 28-day program, but there are individual recovery and/or insurance components that may impact the length of stay.

Are there any medications I cannot bring with me to treatment?

Prescribed benzodiazepines are reviewed critically before allowed at admission. All forms of Medications for Opioid Use Disorder (MOUD) are accepted and can be started while in treatment with us.

For Legal Entities

Do court-ordered clients get expedited admission?

Court-ordered clients still go through the same admission process, however if a client who is not court-ordered is competing for a bed with someone who is, bed priority will go to those court-ordered to services and willing to receive them.



Do you automatically accept those court-ordered to treatment?

We are not able to accept clients to treatment who do not wish to be there or who do not meet the ASAM 3.5 level of care. This is the same for every client regardless of their court-ordered status.

Do you communicate with drug court if needed?

We attend Fayette County Drug Court Staffings weekly and can attend surrounding drug courts, as appropriate/requested. If a client is ordered to treatment by drug court, we will make every effort to obtain the proper releases of information (ROIs) to communicate with the courts regarding the client.

How much information do you give to law enforcement?

If the client has signed a release of information (ROI) for any type of law enforcement, we will communicate with them as appropriate. 42-CFR-Part 2 prohibits us from disclosing information to law enforcement without a ROI—even with a warrant or subpoena. If law enforcement arrives at the center with a warrant for arrest, they are provided documentation explaining 42-CFR-Part 2 and the needed documentation for us to release that information.

For Clinicians

What are the criteria for admittance?

Clients need to meet ASAM criteria for a 3.5 level of care. Any clinician within New Vista has access to the ASAM within Avatar to utilize this tool in guiding on Level of Care placement. The intensity of substance use and consequences experienced by the individual determine placement in residential treatment. The center is near a park and school and therefore those on the sex offender registry are prohibited from receiving treatment here.

I'm a clinician within New Vista and I want to refer my client to Schwartz. Is there anything I can do to expedite this process?

As soon as you suspect a referral is coming, you can alert our intake coordinators at <u>schwartzintake@newvista.org</u>; 859.246.7282 ext 5509. Additionally, you can complete the Schwartz Screener found here <u>Residential Intake Screener.docx</u>. Lastly, remember that due to our location next to a park and a school, we cannot accept those registered as a sex offender.

My client is "on the fence" about committing to residential treatment and I think it would help if they could speak to someone at the center with me present, can this be accommodated?

Yes, please reach out to the intake coordinators referenced above and this can be scheduled virtually while client is with you in session.



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