



First Steps is a statewide early intervention system that provides services to children with developmental delays or a particular medical condition known to cause a developmental delay, from birth to age three and their families. State and federal funds help support First Steps.

WHAT IS PROVIDED?

New Vista First Steps provides a wide variety of services and supports depending upon the needs of the child. Eligibility for services is determined through a process of child and family assessment.

Services Offered

- Speech Therapist
- Physical Therapist
- Occupational Therapist
- Developmental Interventionist
- Behavior Interventionist
- Nutritionist
- Deaf and Hard of Hearing Teacher
- Visually Impaired Teacher
- Psychologist
- Audiology

Some Developmental Concerns

- One-year-old who is not crawling or cruising furniture
- Two-year-old who does not have 50 words and not using two-word phrases
- Child who does not play with toys appropriately
- Child suspected to be on the autism spectrum or has an autism spectrum disorder diagnosis

If you are concerned a child under the age of three is not meeting developmental milestones, you can make an online referral <https://www.kytots.org/tots/referralportal.aspx> or call New Vista First Steps at the nearest location below.

WHO CAN REFER?

ANYONE can refer! From parents and relatives to daycare providers and physicians, anyone can start the First Steps process for a child. If you know a child that may benefit from early intervention services, or for any questions, please contact us at the number below.

WHAT IS THE COST?

All families are assessed for their ability to pay. Families may access Medicaid, private insurance, or pay a participation fee, based on household size and income.

New Vista First Steps – Bluegrass Region

1351 Newtown Pike, Building 5
Lexington, KY 40511

Phone 859.271.9448 or 1.800.454.2764
Fax 859.272.6893

New Vista First Steps – Lincoln Trail Region

2935 Dolphin Drive, Suite 204
Elizabethtown, KY 42701

Phone 270.737.5921 or 1.800.454.2764
Fax 270.982.0829