

**PROGRAM INFORMATION** If you have questions about this report, please contact: Lisa Nicholson at (859)-971-2585

SAFY of Kentucky Lexington TFC  
861 Corporate Drive Lexington, KY 40503

**Parent Agency:** Specialized Alternatives for Families and Youth of Kentuc

**AgencyWebsite:** www.safy.org

**Phone:** (859) 971-2585 **Fax:** (859) 971-7594

**Referral Contact:** Lisa Nicholson

**Years Operating:** 23

**Referral Phone:** (859) 971-2585

**General Referral Email:** ky.intake@safy.org

**Child Caring License(s):** None

**Child Placing License(s):** Foster Care; Adoption; Therapeutic Foster Care; Medically Fragile Foster Care;

**Setting:** Rural & Urban/Suburban

**On Site School:** No

**Male Operational Bed Capacity:**

0 **County(s) of** Anderson; Boyle; Clark; Elliott; Fayette; Franklin; Garrard; Jessamine;

**Female Operational Bed Capacity:**

0 **Program or** Madison; Mercer; Powell; Rockcastle; Scott;

**Either Sex Operational Bed Capacity:**

100 **Foster Homes:**

**Supplemental Information**

Specialized Alternatives for Families and Youth (SAFY) is a non-profit agency providing a full continuum of services for children and families. We provide the highest level of therapeutic support for the children and families we serve. SAFY is accredited by the Council on Accreditation (COA). We currently provide treatment foster care placements for children from birth to 21-years-old. SAFY services include: Licensed, Master's level therapist assigned to each client with weekly contact for treatment integration. All therapists are trained in TF-CBT and Seven Challenges. In-home therapy for each client. 24.7 Crisis support and 24.7 referral acceptance/intake. Biological family therapy to aid in reunification. Independent Living program. Specialized homes: pre-IL, teen parent, large sibling groups, medically fragile, foster to adopt. Each foster parent trained in Non-Violent Crisis Intervention through the Crisis Prevention Institute (CPI). Detailed monthly reports.

**Included/Excluded Populations**

**Gender Accepted:** Both **Age Range Accepted:** 0 to 21 **LOC Range Accepted:** 1 to 5 **Mininum IQ Accepted:** 1

**Client History at Admission**

<b>Average Age at Date Updated:</b>	14.5	<b>Average LOC at Intake</b>	3.9	<b>Number IQ 0 - 59:</b>	0
<b>Number of Residents:</b>	43	<b>LOC Unknown:</b>	0	<b>Number IQ 60 - 69:</b>	0
<b>Number of Males:</b>	18	<b>Number LOC 1:</b>	0	<b>Number IQ 70 and above:</b>	2
<b>Number of Females:</b>	25	<b>Number LOC 2:</b>	1	<b>Number IQ Unknown:</b>	41
		<b>Number LOC 3:</b>	16		
		<b>Number LOC 4:</b>	14		
		<b>Number LOC 5:</b>	12		
<b>Number of Current Residents Included in Risk Indicator Percentage</b>	45				
<b>Animal Abuse:</b>	0%	<b>Low Functioning:</b>	0%	<b>Substance Abuse:</b>	0%
<b>Aggressive Acts:</b>	18%	<b>Runaway:</b>	0%	<b>Suicidal Gestures:</b>	0%
<b>Destroys Property:</b>	2%	<b>Self Abusive:</b>	0%		
<b>Fire Setting:</b>	0%	<b>Sexual Perpetration:</b>	0%		
<b>Failure to Comply:</b>	9%	<b>Dangerous Impulsivity:</b>	2%		
<b>Homicidal Gestures:</b>	0%	<b>Sexual Acting Out:</b>	0%		

**STAFF INFORMATION**

	<b>Number</b>	<b>High School</b>	<b>Some College</b>	<b>BA</b>	<b>MA or Higher</b>
<b>Administration:</b>	8	0%	13%	75%	13%
<b>Case Management Staff:</b>	5	0%	0%	40%	60%
<b>Clinical Staff:</b>	5	0%	0%	0%	100%
<b>Direct Care Staff:</b>	0	0%	0%	0%	0%
<b>Average Number of Months Foster Parents have Fostered for the Agency:</b>					57.2
<b>Treatment Director:</b>	Lisa Nicholson LPCC-S				

**Psychiatric Services**

All youth who need a psychiatric assessment will have one scheduled within 30 days of placement. SAFY utilized the Ridge primarily for psychiatric services.

SERVICES AND OUTCOMESSafety

<b>Number of Substantiated Abuse Allegations in the Past Year:</b> 0			
<b>Total # of Bedrooms:</b> 66	<b>Percentage of Direct Care Staff Trained in Physical Management</b>	N/A	
<b>Single Bedrooms:</b> 16			
<b>Double Bedrooms:</b> 50	<b>Percent of Foster Families with 2 or more Children:</b>	27.1%	
<b>3+ Bedrooms:</b> 0	<b>Percent of Families with 2 or more Children and a Sibling Group:</b>	8.3%	
<b>Critical Incident and Physical Management ratios are compiled for the period 9/1/2020 through 8/31/2021</b>			
<b>Deadly Weapon Per 100 Resident Days</b>	0.00	NO INCIDENTS DURING REPORTING PERIOD	Number of Months Data Received:
<b>Serious Injury Per 100 Resident Days</b>	0.01	WITHIN AVERAGE RANGE	12 of 12
<b>AWOL Per 100 Resident Days</b>	0.04	WITHIN AVERAGE RANGE	
<b>Suicide Attempt Per 100 Resident Days</b>	0.00	NO INCIDENTS DURING REPORTING PERIOD	
<b>Criminal Activity Per 100 Resident Days:</b>	0.01	WITHIN AVERAGE RANGE	
<b>Injury to Other Per 100 Resident Days:</b>	0.00	NO INCIDENTS DURING REPORTING PERIOD	
<b>Sexual Acting Out Per 100 Resident Day</b>	0.00	NO INCIDENTS DURING REPORTING PERIOD	
<b>Total Critical Incidents Per 100 Resident Days:</b>	0.06	WITHIN AVERAGE RANGE	
<b>Physical Managements Per 100 Resident Days:</b>		N/A	

Permanency

<b>Length of stay and discharge data are calculated on discharges between 9/1/2020 through 8/31/2021</b>				
<b>Measure</b>	<b>Number</b>	<b>Percent</b>	<b>Length of Stay</b>	<b>Outlier</b>
<b>Child Progress toward Permanency Discharges</b>	20	40.8%	339.9	WITHIN AVERAGE RANGE
<b>Progress Discharge to Home Like Placement</b>	19	38.8%	351.6	WITHIN AVERAGE RANGE
<b>Progress Discharge to Less Restrictive Placement</b>	15	30.6%	352.5	WITHIN AVERAGE RANGE
<b>Child Behavioral Difficulty Discharges</b>	25	51.0%	170.2	WORSE THAN AVERAGE RANGE
<b>Runaway Discharges</b>	3	6.1%	270.3	WITHIN AVERAGE RANGE
<b>Psychiatric Discharges</b>	8	16.3%	64.8	WORSE THAN AVERAGE RANGE
<b>Agency/System Discharges</b>	4	8.2%	131.0	WITHIN AVERAGE RANGE
<b>Caretaker Incapacity Discharges</b>	0	0.0%		WITHIN AVERAGE RANGE
<b>Caretaker Failure Discharges</b>	0	0.0%		WITHIN AVERAGE RANGE
<b>Caretaker Investigation Discharges</b>	0	0.0%		WITHIN AVERAGE RANGE

Well Being

<b>Does this program have a PCC Foster to Adopt Agreement?:</b>	Yes	<b>Educational Disruptions in the Past Year:</b>	1
<b>Adoptions by the Program's Foster Homes in the Past Year:</b>	0	<b>School Changes in the Past Year:</b>	0

## Describe How the Program Supports Family Connections

SAFY encourages biological family members to participate in the youth's treatment planning. Family therapy is offered to promote healthy attachment and ease the child's transition back into the home. SAFY provides biological family with support services, including counseling, coordination of community resources, advocacy, and skill development and parenting training. Foster families are provided continuous training about partnering with biological family members to realize the goal of reunification.

## Special Interventions Available Internally

SAFY provides 24/7 support and in-home therapy. SAFY therapists are licensed, Master's level therapists specializing in sexual abuse, substance abuse, and disorders common to abused/neglected children, and utilize evidence based methods. Therapists are trained in TF-CBT and Seven Challenges. Foster parents receive mandatory Trauma Informed Parenting, Alcohol and Drug, Behavior Management, and Non-Violent Crisis Intervention training.