

PROGRAM INFORMATION If you have questions about this report, please contact: Andy Fisher at (606)-678-0421

Sunrise Cumberland Adventure
500 New Start Road Bronston, KY 42518

Parent Agency: Sunrise Children's Services

Phone: (606) 561-5797 **Fax:** (606) 561-9928

AgencyWebsite: www.sunrise.org

Years Operating: 28

Referral Contact: Holly Hedges

General Referral Email: Intake@Sunrise.org

Referral Phone: (502) 538-1059

Child Caring License(s): Residential Institution with Treatment;

Child Placing License(s): None

Setting: Rural

On Site School: Yes

Male Operational Bed Capacity: 30 **County(s) of** Pulaski;

Female Operational Bed Capacity: 0 **Program or**

Either Sex Operational Bed Capacity: 0 **Foster Homes:**

Supplemental Information

Sunrise's Cumberland Adventure Program (CAP) provides treatment for clinical and behavioral issues through therapeutic outdoor adventure experiences concerted with clinical intervention. The clinical team at CAP are trained in Trauma Focused - Cognitive Behavioral Therapy and utilize with appropriate clients. In addition, CAP utilizes therapeutic outdoor adventure activities that include primitive camping, backpacking-hiking, and low/high ropes challenge courses. The adventure activities are structured to require clients to take personal initiative, make decisions and be accountable for the results. CAP provides an on-campus school under the direction of the Pulaski County Public School District. For youth that are not able to reunite with their family, Sunrise's continuum of care provides opportunity for youth to step down to less restrictive placement options that support and reinforce the treatment modalities and behavior management skills gained at CAP.

Included/Excluded Populations

Gender Accepted: Male **Age Range Accepted:** 12 to 17 **LOC Range Accepted:** 3 to 3 **Mininum IQ Accepted:** 60

Client History at Admission

| | | | | | |
|--|------|-------------------------------|-----|--------------------------------|----|
| Average Age at Date Updated: | 15.6 | Average LOC at Intake | 3.0 | Number IQ 0 - 59: | 0 |
| Number of Residents: | 30 | LOC Unknown: | 0 | Number IQ 60 - 69: | 0 |
| Number of Males: | 30 | Number LOC 1: | 0 | Number IQ 70 and above: | 3 |
| Number of Females: | 0 | Number LOC 2: | 0 | Number IQ Unknown: | 27 |
| | | Number LOC 3: | 30 | | |
| | | Number LOC 4: | 0 | | |
| | | Number LOC 5: | 0 | | |
| Number of Current Residents Included in Risk Indicator Percentage | 30 | | | | |
| Animal Abuse: | 3% | Low Functioning: | 0% | Substance Abuse: | 0% |
| Aggressive Acts: | 43% | Runaway: | 0% | Suicidal Gestures: | 0% |
| Destroys Property: | 13% | Self Abusive: | 0% | | |
| Fire Setting: | 7% | Sexual Perpetration: | 0% | | |
| Failure to Comply: | 3% | Dangerous Impulsivity: | 10% | | |
| Homicidal Gestures: | 0% | Sexual Acting Out: | 0% | | |

STAFF INFORMATION

| | Number | High School | Some College | BA | MA or Higher |
|--|--------------------|--------------------|---------------------|-----------|---------------------|
| Administration: | 7 | 14% | 14% | 29% | 43% |
| Case Management Staff: | 0 | 0% | 0% | 0% | 0% |
| Clinical Staff: | 4 | 0% | 0% | 0% | 100% |
| Direct Care Staff: | 33 | 64% | 27% | 9% | 0% |
| Average Number of Months Foster Parents have Fostered for the Agency: | | | | | N/A |
| Treatment Director: | Darren Neal LPCC-S | | | | |

Psychiatric Services

#Error

SERVICES AND OUTCOMESSafety

| | | | |
|--|------|---|---------------------------------|
| Number of Substantiated Abuse Allegations in the Past Year: 4 | | | |
| Total # of Bedrooms: | 9 | Percentage of Direct Care Staff Trained in Physical Management | 39.4% |
| Single Bedrooms: | 0 | | |
| Double Bedrooms: | 3 | Percent of Foster Families with 2 or more Children: | N/A |
| 3+ Bedrooms: | 6 | Percent of Families with 2 or more Children and a Sibling Group: | N/A |
| Critical Incident and Physical Management ratios are compiled for the period 9/1/2022 through 8/31/2023 | | | |
| Deadly Weapon Per 100 Resident Days | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | Number of Months Data Received: |
| Serious Injury Per 100 Resident Days | 0.02 | WITHIN AVERAGE RANGE | 12 of 12 |
| AWOL Per 100 Resident Days | 0.17 | WITHIN AVERAGE RANGE | |
| Suicide Attempt Per 100 Resident Days | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | |
| Criminal Activity Per 100 Resident Days: | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | |
| Injury to Other Per 100 Resident Days: | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | |
| Sexual Acting Out Per 100 Resident Day | 0.00 | NO INCIDENTS DURING REPORTING PERIOD | |
| Total Critical Incidents Per 100 Resident Days: | 0.19 | WITHIN AVERAGE RANGE | |
| Physical Managements Per 100 Resident Days: | 0.58 | WITHIN AVERAGE RANGE | |

Permanency

| | | | | |
|--|---------------|----------------|-----------------------|----------------------|
| Length of stay and discharge data are calculated on discharges between 9/1/2022 through 8/31/2023 | | | | |
| Measure | Number | Percent | Length of Stay | Outlier |
| Child Progress toward Permanency Discharges | 26 | 70.3% | 301.9 | WITHIN AVERAGE RANGE |
| Progress Discharge to Home Like Placement | 26 | 70.3% | 301.9 | WITHIN AVERAGE RANGE |
| Progress Discharge to Less Restrictive Placement | 26 | 70.3% | 301.9 | WITHIN AVERAGE RANGE |
| Child Behavioral Difficulty Discharges | 8 | 21.6% | 97.5 | WITHIN AVERAGE RANGE |
| Runaway Discharges | 4 | 10.8% | 141.0 | WITHIN AVERAGE RANGE |
| Psychiatric Discharges | 2 | 5.4% | 54.0 | WITHIN AVERAGE RANGE |
| Agency/System Discharges | 3 | 8.1% | 119.0 | WITHIN AVERAGE RANGE |
| Caretaker Incapacity Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Caretaker Failure Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |
| Caretaker Investigation Discharges | 0 | 0.0% | | WITHIN AVERAGE RANGE |

Well Being

| | | | |
|--|-----|--|---|
| Does this program have a PCC Foster to Adopt Agreement?: | No | Educational Disruptions in the Past Year: | 0 |
| Adoptions by the Program's Foster Homes in the Past Year: | N/A | School Changes in the Past Year: | 0 |

Describe How the Program Supports Family Connections

Family sessions are conducted by licensed therapists and program staff work with the family to ensure that visits (both supervised and unsupervised) are successful. The program also works with family regarding transportation issues. Beginning at the halfway point in the program, therapeutic home visits are scheduled to begin reuniting the client and family, and to allow time to work on problem areas discovered during the visits. In addition, the family is invited to and encouraged to attend Monthly Treatment Plan Reviews.

Special Interventions Available Internally

The Alpine Tower and the Odyssey course provide a challenging high ropes course that is a major tool in helping youth increase self-esteem and group cohesion. The campus includes 3 residential cabins, each under the supervision of a residential manager/therapist who provides clients with individual, group and family therapy. To assist with travel and save expenses for families and DCBS, our campus has the capability to do family sessions and other meetings via Zoom, Skype and GoToMeeting.