## PROGRAM INFORMATION If you have questions about this report, please contact: Brian Tompkins at (606)-387-4673

Foothills Academy Residential Treatment Parent Agency: Foothills Academy, Inc.

AgencyWebsite: www.foothillsacademyinc.org

Referral Contact: Brittany Renaker

Years Operating: 22

Beferral Email: btompkins@fhainc.org

**Referral Phone:** (606) 387-4673

Child Caring License(s): Residential Institution with Treatment; Residential Institution with Crisis Stabilization;

Child Placing License(s): None

Setting: Rural On Site School: Yes Male Operational Bed Capacity: 30 County(s) of Clinton;

Female Operational Bed Capacity: 0 Program or Either Sex Operational Bed Capacity: 0 Foster Homes:

**Supplemental Information** 

Foothills Academy provides residential treatment, emergency shelter, and an alternative to detention programs. Services are provided for seventy (72) young men between the ages of 13 and 18. The program is located on approximately 60 acres of land in Clinton County, Kentucky, six miles west of Albany. Services include individual, family and group counseling along with a drug and alcohol program. Foothills Academy has an approved licensure as a Behavioral Health Services Organization from the Office of Inspector General. Foothills Academy is accredited by the Council of Accreditation. Foothills Academy has an on-site school under the tutelage of the Clinton County Public School District. Foothills Academy youth are also given the opportunity to earn trips off campus that include giving back to the community and enjoying recreational activities. Treatment furloughs are offered to assist the youth with transitioning back to their community and reunification with their family.

#### Included/Excluded Populations

Gender Accepted: Male Age Range Accepted: 13 to 18 LOC Range Accepted: 3 to 3 Minumum IQ Accepted: 70

### Client History at Admission

Citetti History at Aar	ittb5t01t						
Average Age at Date l	Updated: 1	6.3 Average LOC at Intake	3.0		Number IQ 0 - 59:	0	
Number of Residents:		33 <b>LOC Unknown:</b>	0		Number IQ 60 - 69:	0	
Number of Males:		33 Number LOC 1:	0		Number IQ 70 and above:	3	
Number of Females:		0 Number LOC 2:	0		Number IQ Unknown:	30	
		Number LOC 3:	33				
		Number LOC 4:	0				
		Number LOC 5:	0				
Number of Current Re-	sidents In	cluded in Risk Indicator Percen	tage	34			
Animal Abuse:	3%	Low Functioning:	(	)%	Substance Abuse:	0%	
Aggressive Acts:	47%	Runaway:	(	)%	Suicidal Gestures:	0%	
Destroys Property:	24%	Self Abusive:	9	9%			
Fire Setting:	0%	Sexual Perpetration:	(	)%			
Failure to Comply:	12%	Dangerous Impulsivity:	18	3%			
Homicidal Gestures:	0%	Sexual Acting Out:	(	)%			

### STAFF INFORMATION

	<u>Number</u>	High School	Some College	<u>BA</u>	MA or Higher
Administration:	9	44%	11%	11%	33%
Case Management Staff:	2	0%	0%	100%	0%
Clinical Staff:	2	0%	0%	0%	100%
Direct Care Staff:	25	92%	8%	0%	0%
Average Number of Mon	ths Foster	Parents have	Fostered for the	Agency:	N/A
Treatment Director: Tam	ımy Parrig	in LPCC			

### **Psychiatric Services**

We have a contract with Somerset Mental Health (a local mental health provider) for psychiatric services. Somerset Mental Health provides a psychiatrist once a month and weekly appointments are also provided on an as needed basis.

## **SERVICES AND OUTCOMES**

# Safety

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Number of Substantiated Abuse Allegations in the Past Year: 0							
Total # of Bedrooms:	18	Percentage of D	irect Care S	Staff Trained in Physical Management	68.0%		
Single Bedrooms:	0						
Double Bedrooms:	0	Percent of Foste	er Families	with 2 or more Children:	N/A		
3+ Bedrooms:	18	Percent of Famil	lies with 2 d	or more Children and a Sibling Group:	N/A		
Critical Incident and Physical Management ratios are compiled for the period 12/1/2022 through 11/30/2023							
Deadly Weapon Per 100	) Resid	ent Days	0.00	NO INCIDENTS DURING REPORTING	PERIOD	Number of Months	
Serious Injury Per 100	Reside	nt Days	0.00	NO INCIDENTS DURING REPORTING	PERIOD	Data Received:	
AWOL Per 100 Residen	t Days		0.14	WITHIN AVERAGE RANGE		12 of 12	
Suicide Attempt Per 100	) Resid	ent Days	0.00	NO INCIDENTS DURING REPORTING	PERIOD		
Criminal Activity Per 100	0 Resid	lent Days:	0.01	WITHIN AVERAGE RANGE			
Injury to Other Per 100 l	Reside	nt Days:	0.00	NO INCIDENTS DURING REPORTING	PERIOD		
Sexual Acting Out Per 1	00 Res	ident Day	0.00	NO INCIDENTS DURING REPORTING	PERIOD		
Total Critical Incidents F	Per 100	Resident Days:	0.16	WITHIN AVERAGE RANGE			
Physical Managements	Per 100	Resident Days:	2.59	WITHIN AVERAGE RANGE			

#### Permanency

<u>r ermanency</u>								
Length of stay and discharge data are calculated on discharges between 12/1/2022 through 11/30/2023								
<u>Measure</u>	<u>Number</u>	<u>Percent</u>	Length of Stay	<u>Outlier</u>				
Child Progress toward Permanency Discharges	28	65.1%	164.5	WITHIN AVERAGE RANGE				
Progress Discharge to Home Like Placement	28	65.1%	164.5	WITHIN AVERAGE RANGE				
Progress Discharge to Less Restrictive Placement	28	65.1%	164.5	WITHIN AVERAGE RANGE				
Child Behavioral Difficulty Discharges	12	27.9%	127.9	WITHIN AVERAGE RANGE				
Runaway Discharges	4	9.3%	85.0	WITHIN AVERAGE RANGE				
Psychiatric Discharges	2	4.7%	166.5	WITHIN AVERAGE RANGE				
Agency/System Discharges	3	7.0%	259.3	WITHIN AVERAGE RANGE				
Caretaker Incapacity Discharges	0	0.0%		WITHIN AVERAGE RANGE				
Caretaker Failure Discharges	0	0.0%		WITHIN AVERAGE RANGE				
Caretaker Investigation Discharges	0	0.0%		WITHIN AVERAGE RANGE				

## Well Being

Does this program have a PCC Foster to Adopt Agreement?.	No	Educational Disruptions in the Past Year:	0
Adoptions by the Program's Foster Homes in the Past Year:	N/A	School Changes in the Past Year:	0

Describe How the Program Supports Family Connections

Client is encouraged to communicate through phone calls, letters, Sunday visitation. Family counseling sessions are made available at the convenience of the family. We strongly encourage treatment furloughs and day passes.

### Special Interventions Available Internally

Foothills Academy's substance abuse program is a licensed Alcohol and Other Drug Entity (AODE) program. Upon admission clients complete a SASSI assessment, which helps us determine the severity of their substance abuse. We then develop a treatment plan based on the client's individual needs. The program consists of ten group sessions which meet one time per week. These sessions are based on the Matrix Model from SAMSHA, which focuses on the client seeing a need to change, preparing to change and maintaining their sobriety by giving back to the community. Some of the topics covered during the group sessions include values, importance of positive friendships, how substance abuse affects the community and family, and relapse prevention. Clients will also work out of the Client Handbook which is evidenced based material from SAMHSA. GED and college classes are available on campus.